

NEW

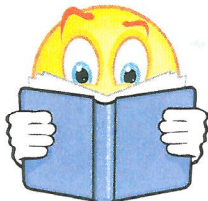
THE AMERICAN KARATE ACADEMY HOME SCHOOL FITNESS PROGRAM



WHEN:
TUE-THUR
1:15pm-2:13pm

WHERE:
739 N. MAIN ST
AKRON OHIO

FOR MORE
INFORMATION
CALL:
Mr. Lee Harris
330-338-8076



Introducing The Home School Martial Arts program, it is a mid-day fitness program designed for children that are being home schooled. This program will focus on the education of our youth along with a sense of community pride and responsibility thru martial arts. It will help to promote discipline, confidence, and leadership skills along with the improvement of one's mental and physical well-being. In return, we hope that the participants in this program will help us to raise the standards of physical fitness in our community though a heather life style while learning basic self-defense skills.

New Home School fitness program